

Fairfax Academy Menu AUGUST 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	1 Frosted Flakes W/Milk, Graham Crackers	2 Pancakes W/Syrup, Milk	3 Waffles W/Syrup, Milk	4 Cinnamon Toast Crunch W/Milk, Toast	5 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Hoagies (Turkey, Cheese, Lettuce) Mixed Vegetables, Chips, Applesauce, Milk	Corn Dogs, Baked Beans, Pears, Milk	Fish Sticks, Green Beans, French Fries, Pudding, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack	Goldfish, Milk	Ritz W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	Cookies, Milk
Breakfast	8 Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	9 Pancakes W/Syrup, Milk	10 Waffles W/Syrup, Milk	11 Fruit Loops W/Milk, Toast	12 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Carrots, Tater Tots, Applesauce, Milk	Macaroni & Beef, Corn, Pears, Milk	Hamburger on Bun, Salad, Mandarin Oranges, Milk	Hoagies (Turkey, Cheese, Lettuce) Peas, Chips, Fruit Cocktail, Milk	Hot Dog on Bun, Baked Beans, Pineapple, Milk
Snack	Crackers, Cheese, Water	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	15 Frosted Flakes W/Milk, Graham Crackers	16 Pancakes W/Syrup, Milk	17 Waffles W/Syrup, Milk	18 Cinnamon Toast Crunch W/Milk, Toast	19 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Fillet Sandwich, Mixed Vegetables, Applesauce, Milk	Macaroni & Cheese, Pears, Pears, Milk	Fish Sticks, Green Beans, French Fries, Pudding, Milk	Hoagies (Turkey, Cheese, Lettuce) Peas, Chips, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack	Goldfish, Milk	Ritz W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	Cookies, Milk
Breakfast	22 Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	23 Pancakes W/Syrup, Milk	24 Waffles W/Syrup, Milk	25 Fruit Loops W/Milk, Toast	26 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Carrots, Tater Tots, Applesauce, Milk	Spaghetti W/Meatballs, Salad, Pears, Milk	McDonald's Happy Meal Chicken Nuggets, Fries, Apple Slices, Milk	Hoagies (Turkey, Cheese, Lettuce) Peas, Chips, Fruit Cocktail, Milk	Hot Dog on Bun, Baked Beans, Pineapple, Milk
Snack	Crackers, Cheese, Water	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	29 Frosted Flakes W/Milk, Graham Crackers	30 Pancakes W/Syrup, Milk	31 Waffles W/Syrup, Milk		
Lunch	Hoagies (Turkey, Cheese, Lettuce) Peas, Chips, Applesauce, Milk	Corn Dogs, Baked Beans, Pears, Milk	Fish Sticks, Green Beans, French Fries, Pudding, Milk		
Snack	Goldfish, Milk	Ritz W/Cream Cheese, Water	Veggie Chips, Juice		