

Fairfax Academy Menu NOVEMBER 2021

|           | <b>Monday</b>  | <b>Tuesday</b>                                       | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>   |
|-----------|--|--|---|---|---|
|           | 1  | 2  | 3   | 4   | 5   |
| Breakfast | Cheerios W/Milk,<br>Graham Crackers                                      | Pancakes W/Syrup,<br>Milk                            | Waffles W/Syrup,<br>Milk  | Fruit Loops W/Milk,<br>Toast                                  | Bagel W/Cream Cheese,<br>Milk, Fruit Juice  |
| Lunch     | Chicken & Rice,<br>Carrots, Applesauce, Milk                             | Macaroni & Cheese,<br>Bread, Peas, Pears, Milk       | Hamburger on Bun, Salad,<br>Tater Tots, Mandarin<br>Oranges, Milk | Chicken Noodle Soup, Cheese<br>Sandwich, Fruit Cocktail, Milk | Pizza, Corn,<br>Pineapple, Milk   |
| Snack     | Crackers, Cheese, Water  | Yogurt, Vanilla Wafers, Water                        | Wheat Thins, Milk   | Graham Crackers, Applesauce, Milk                             | Cookies, Milk   |
|           | 8  | 9  | 10  | 11  | 12  |
| Breakfast | Rice Krispy Cereal W/Milk,<br>Graham Crackers                            | Pancakes W/Syrup,<br>Milk                            | Waffles W/Syrup,<br>Milk  | SCHOOL CLOSED<br>Veteran's Day!                               | Bagel W/Cream Cheese,<br>Milk, Fruit Juice  |
| Lunch     | Chicken Fillet Sandwich,<br>Carrots, Applesauce, Milk                    | Spaghetti W/Meat Sauce,<br>Bread, Salad, Pears, Milk | Fish Sticks, Green Beans,<br>Mashed Potatoes,<br>Pudding, Milk    |   | Hot Dog on Bun, Baked<br>Beans, Pineapple, Milk                                   |
| Snack     | Goldfish, Milk   | Ritz, W/Cream Cheese, Water                          | Veggie Chips, Juice   |   | Cookies, Milk   |
|           | 15   | 16   | 17  | 18  | 19  |
| Breakfast | Cheerios W/Milk,<br>Graham Crackers                                      | Pancakes W/Syrup,<br>Milk                            | Waffles W/Syrup,<br>Milk  | Fruit Loops W/Milk,<br>Toast                                  | Bagel W/Cream Cheese,<br>Milk, Fruit Juice  |
| Lunch     | Chicken Nuggets, Carrots,<br>Mashed Potatoes,<br>Applesauce, Milk        | Macaroni & Beef,<br>Bread, Corn, Pears, Milk         | Fish Fillet Sandwich,<br>Green Beans, Mandarin<br>Oranges, Milk   | Chicken Noodle Soup, Cheese<br>Sandwich, Fruit Cocktail, Milk | Breakfast for Lunch: Mini<br>Pancakes, Turkey Sausage<br>Patties, Pineapple, Milk |
| Snack     | Crackers, Cheese, Water  | Yogurt, Vanilla Wafers, Water                        | Wheat Thins, Milk   | Graham Crackers, Applesauce, Milk                             | Cookies, Milk   |
|           | 22   | 23   | 24  | 25  | 26  |
| Breakfast | Rice Krispy Cereal W/Milk,<br>Graham Crackers                            | Pancakes W/Syrup,<br>Milk                            | Waffles W/Syrup,<br>Milk  | SCHOOL CLOSED<br>Happy Thanksgiving!                          | SCHOOL CLOSED   |
| Lunch     | Hoagies (Turkey, Cheese,<br>Lettuce) Carrots, Chips,<br>Applesauce, Milk | Spaghetti W/Meatballs,<br>Corn, Bread, Pears, Milk   | Turkey, Mashed Potatoes,<br>Green Beans, Rolls,<br>Pudding, Milk  |   |   |
| Snack     | Goldfish, Milk   | Ritz, W/Cream Cheese, Water                          | Veggie Chips, Juice   |   |   |
|           | 29   | 30   |   |   |   |
| Breakfast | Cheerios W/Milk,<br>Graham Crackers                                      | Pancakes W/Syrup,<br>Milk                            |   |   |   |
| Lunch     | Chicken & Rice,<br>Carrots, Applesauce, Milk                             | Macaroni & Cheese,<br>Bread, Peas, Pears, Milk       |   |   |   |
| Snack     | Crackers, Cheese, Water  | Yogurt, Vanilla Wafers, Water                        |   |   |   |