

Fairfax Academy Menu OCTOBER 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					1 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch					Corn Dog, Baked Beans, Pineapple, Milk
Snack					Cookies, Milk
Breakfast	4 Cheerios W/Milk, Graham Crackers	5 Pancakes W/Syrup, Milk	6 Waffles W/Syrup, Milk	7 Fruit Loops W/Milk, Toast	8 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken & Rice, Carrots, Applesauce, Milk	Macaroni & Beef, Bread, Peas, Pears, Milk	Hamburger on Bun, Salad, Tater Tots, Mandarin Oranges, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack	Crackers, Cheese, Water	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	11 SCHOOL CLOSED Columbus Day	12 Pancakes W/Syrup, Milk	13 Waffles W/Syrup, Milk	14 Frosty Flakes W/Milk, Toast	15 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch		Spaghetti W/Meat Sauce, Bread, Salad, Pears, Milk	Fish Sticks, Green Beans, Mashed Potatoes, Pudding, Milk	Chicken Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	Hot Dog on Bun, Baked Beans, Pineapple, Milk
Snack		Ritz, W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	Cookies, Milk
Breakfast	18 Cheerios W/Milk, Graham Crackers	19 Pancakes W/Syrup, Milk	20 Waffles W/Syrup, Milk	21 Fruit Loops W/Milk, Toast	22 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Carrots, Mashed Potatoes, Applesauce, Milk	Macaroni & Cheese, Bread, Corn, Peas, Milk	Fish Fillet Sandwich, Green Beans, Mandarin Oranges, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Pineapple, Milk
Snack	Crackers, Cheese, Milk	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	25 Rice Krispy Cereal W/Milk, Graham Crackers	26 Pancakes W/Syrup, Milk	27 Waffles W/Syrup, Milk	28 Frosty Flakes W/Milk, Toast	29 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Swedish Meatballs & Rice, Carrots, Applesauce, Milk	Hoagies (Turkey, Cheese, Lettuce) Peas, Chips, Pears, Milk	Fish Nuggets, Green Beans, Tater Tots, Pudding, Milk	Chicken Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	Corn Dog, Baked Beans, Pineapple, Milk
Snack	Goldfish, Milk	Ritz, W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	Cookies, Milk